# Cowboy Connection

https://www.browardschools.com/coopercityhigh

Vera Perkovic, Principal

## Welcome to Cowboy Country

Vol: 3. / Issue: 1. August

## August Highlights

Principal's Message

### WELCOME TO THE 2021-22 SCHOOL YEAR

Greetings Cooper City High School Families:

The faculty and staff of Cooper City High School cordially invite you to attend our **2021-22 Open House on Tuesday, August 31, 2021, at 6:30 p.m.**

**Virtual Option**: Class information will be available via a Canvas course online for those who prefer not to attend in person. At 5:30 PM, LIVE help chat will be available to families on our website. CCHS staff will be assisting with questions. We will greet you at 6:30 PM with our Open House welcome message on our school website. Following the video, you will transition and log on to Clever through sso.browardschools.com with your child's credentials to access Canvas and Teams. You will have an opportunity to meet your child's teachers and learn valuable information to have a great school year. Please follow your child's schedule via Virtual Counselor starting with first period through eight by logging into their Canvas page.

***In Person Option***: Attending this event affords you the opportunity to meet your child's teachers and become acquainted with our school facility. Open House activities will begin in the cafeteria at 5:30 p.m. for parents to interact with various clubs, co-curricular activities, and athletic programs unique to Cooper City High School. At 6:30 PM you will report to your student's first period class. Your visit will mimic your child's daily class schedule. This is a wonderful opportunity for you to meet each of your child's teachers and to learn more about our educational programs and activities. To save you a few extra minutes, you may want to ask your son or daughter to fill in the class schedule information ahead of time. We encourage you to arrive early. **Guidelines set forth in Policy 2170-E, Face Coverings, must be adhered to while on our campus.**

Before you leave our open house, please be sure that you vote to approve or deny the School Advisory Council (SAC) family/community member slate linked on our website.

(Continued on Page 2)

## CCHS MISSION STATEMENT

*Cooper City High School believes that all students should be provided with a safe educational opportunity, so that they may fulfill their responsibilities as productive citizens in our global society.*

Be Courteous

Be Optimistic

Be Wise

Be Brave

Be Openhearted

Be You

#BetterTogether
#TeamCooper

| AUGUST | | | | |
|---|---|---|---|---|
| M | T | W | TH | F |
| 2 | 3 | 4 | 5 | 6 |
| 9 | 10 | ~~11~~ | ~~12~~ | ~~13~~ |
| ~~16~~ | ~~17~~ | 18* | 19 | 20 |
| 23 | 24 | 25 | 26 | 27 |
| 30 | 31 | | | |

| SEPTEMBER | | | | |
|---|---|---|---|---|
| M | T | W | TH | F |
| | | 1 | 2 | 3 |
| 6 | 7 | 8 | 9 | 10 |
| 13 | 14 | 15 | 16 | 17 |
| 20 | 21 | 22 | 23 | 24 |
| 27 | 28 | 29 | 30 | |

Cooper City High School
Best High Schools
National Rankings
U.S. News & World Report - April 2020

## Principal's Message (Continued)

2021-2022 Yearbooks will be on sale in the courtyard from 5:30 p.m.-6:15 p.m. for the one time only price of $75: the lowest of the year. Yearbooks can also be purchased online on the CCHS website. Additionally, you may purchase last year's yearbook (2020-2021). PTSA will be signing up new members and our cafeteria manager will be available to answer questions and provide you with information in the cafeteria at this time as well. Freshman shirts will also be for sale.

We recognize the importance of a strong working relationship between home and school. It is this alliance that allows parents and faculty to work closely together in all aspects of school life with our students as the center of all efforts. Show your support for our commitment to offering opportunities for your children to reach their highest potential! On behalf of Cooper City High School's faculty and staff, I thank you for your continued support and partnership.

Respectfully,

Vera Perkovic, Principal

# Important Information and Reminders

**Student Drop-Off & Pick-Up** Students should be dropped off and picked up in the parent loop for arrival and school dismissal. We offer several programs and activities that are beyond the regular school day. Students must remain with the adults in charge while on campus. Students who are not involved in approved before and after school programs/activities must exit the campus if they are not supervised. Please ensure that you have a process in place for your child to exit our campus by 3:10 pm if not in a supervised activity.

**Student Early Sign-Outs** Per School Board Policy, no student sign outs will be processed after 2:10 pm daily. Also, anyone picking up a student must have parental permission and be of legal age.

**Code of Student Conduct** Parents and students must review and understand the guidelines outlined in the Broward County public schools Code of Student Conduct. This document is available on the BCPS website. Failure to adhere to any school and/or district policy could result in suspension or expulsion from school.

**Dropping Off Items** We work diligently to preserve the learning environment and the safety of all our students and staff. Therefore, we do not accept any drop offs for students in the front office; this includes food items.

**ID Badges** must always be worn by students, faculty, and staff while on campus. Additionally, individuals visiting campus must wear some form of identification (district-issued identification badge or site-based generated visitor or volunteer badge) while on campus.
Upon entry to campus, all visitors must be processed through the RAPTOR System. This includes, but is not limited to, parents, District staff, vendors, volunteers, and members of the public. If the RAPTOR System is temporarily inoperable, you will be directed to follow a manual sign-in and out process. An official photo identification will be requested. Your name, date of visit, time of arrival, purpose for visit and time of departure will be reported in a visitor's log.

## Welcome to Cowboy Country!

*Administration*
Angelica M. Perez, Assistant Principal

*Clerical*
Lourdes Cardenas, Secretary

*ESE*
Laurel Belfon
Barry Jones

*Literacy- ELA*
*Lorraine Knott-Lawrence, Coach*
*Seth Nadler*
*Jerusha Quillen*

*Math*
Veronica Diaz
Brandon Lewis
Heidi Malan

*Physical Education*
Rodricel Williams

*School Counseling*
Rosedale Joseph, 9th Counselor
Zaevista Arnold, 10th Counselor
Cheryl Chartrand, 11th Counselor

*Science*
Joaquin Torres

*Security*
Ron White, Security Manager
Troy Wilkins, Security Specialist
Leoncio Galan, Campus Monitor
Xiomara Galego, Campus Monitor
Sharon Walker, Campus Monitor

*Support Positions*
Jacqueline Bell, Psychologist
Regina Gustave, Social Worker
Raquel Moon, ESE Specialist
Griselis Reyes, ESSER
Lisa Jones, AICE Coordinator

## Back to School Headline News

### Back-to-School Online Wizard

Parents will need to submit the Emergency Contact information, the Code of Student Conduct, and the Media Release form during the first few days of the new school year. Forms must be completed by parents and submitted online at https://scaweb.browardschools.com/bts/

### Code of Student Conduct

Parents and students, the Code of Student Conduct Handbook Goes Green! Parents are invited to review the Code of Student Conduct Handbook and complete the required forms by accessing the Back-to-School Forms link found on the Broward Schools' webpage at: https://www.browardschools.com/Page/38091

### Student School Account

Use **Clever** to log into your school account.
Username: student number (06012345)
Password: P + mm/dd/yyyy (Example: P05/22/2001)
2 digit birth month 2 digit birth day 4 digit birth year

Use **Canvas** for classes, assignments, homework, and communication with teachers.
Use MS **Teams** for conferencing with teachers, peers, support.
Use **Pinnacle** for grades.
Use **Khan Academy, College Board, Naviance** for academic support.

### Daily Moment of Silence

Recent legislation requires that all schools observe a moment of silence at the beginning of the school day. As a class, we will participate in the moment of silence during first period. The moment of silence will last one minute during which time students may not interfere with other students' participation. Teachers may not make suggestions as to the nature of any reflection that a student may engage in during the moment of silence. However, parents and guardians are encouraged to discuss the moment of silence with their child and to make suggestions as to the best use of this time.

## Athletic and Extra-Curricular Activities News

### ATHLETIC REQUIREMENTS

The BCAA recognizes the importance and value of education. The term "student-athlete" recognizes the importance of being a student first, with athletic endeavors second.

Students wishing to participate in athletics must return a completed packet of Athletic paperwork to your coach or Coach Megna before they will be approved to participate. The packets are available in the front office or from any athletic coach or as a download from the Athletics page on our school's website!

An unweighted cumulative Grade Point Average (GPA) of 2.0 is required for all students' grades 10-12. Entering freshmen are eligible for the first 18 weeks of school but must attain and maintain a 2.0 GPA for continued eligibility after the first 18 weeks. Students who fall below this standard are ineligible to play.

Please visit the BCPS website to review Latest Information on COVID-19: Return to Play, including spectator protocols on the wearing of masks.

### EXTRA CURRICULAR ACTIVITY REQUIREMENTS

Clubs and organizations are a great way to help develop character and the skills that will benefit you in school, your career, and in life. Skills like commitment, leadership, effective communication, and being able to work successfully in a group all come from participating in a club or organization. Joining a club is a great way to make friends, develop leadership skills, and boost your college resumé.

Numerous clubs and activities are available to challenge and provide an outlet for the interests of our students. Joining an organization is a terrific way to meet new friends and enhance your high school years. Meeting times will be announced on the website or during morning announcements. Students must be in attendance for at least half the school day to participate in any extracurricular activity. More information is available on the Club/Activities page on our school's website.

For a student to be eligible to participate in any extracurricular activity or athletics, they:

- Must be in attendance for at least half of the school day to participate in any extracurricular activity or athletic event.
- Must maintain a cumulative GPA of at least 2.0 on the 4.0 scale each semester.
- Must pass at least 3 out of 4 classes each grading period.


Cooper City High School PARTNERS IN EDUCATION
https://www.browardschools.com/domain/13215
B&B Bober & Bober, P.A.
QuickTime! SIGNS
International College Counselors
Expert Strategies For Admission
Memorial Healthcare System
REVOLUTION PREP
AFTC ALL FLORIDA TAX CONSULTING
City of Cooper City Someplace Special
Making a Difference Everyday
Cooper City High School Partners in Education

The Food and Nutrition Services Department is pleased to announce Universal Free Breakfast will continue to be available for the 2021/22 School Year. All students, regardless of eligibility status, will have the opportunity to participate in the Universal Free Breakfast meal program at no charge. The price for an adult breakfast meal will remain $1.80. Additionally, the District will be utilizing the United States Department of Agriculture (USDA) Seamless Summer Option (SSO) Waiver that provides students the opportunity for free lunch meals during the 2021/22 School Year. The price for an Adult Lunch Meal will remain $2.75.

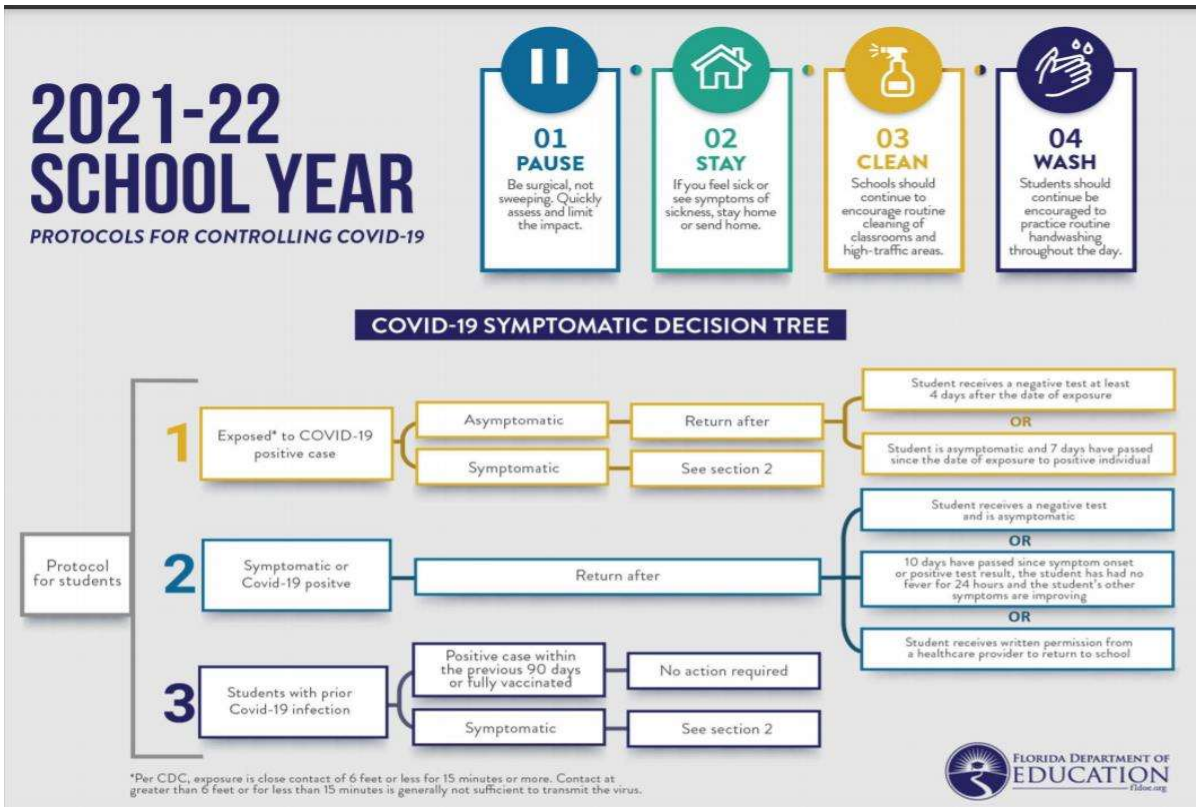
Although student meals will be available at no charge to all students, families are encouraged to complete the online Multi-Child Application for Meal Benefits at http://www.myschoolapps.com/: District and individual school benefit opportunities are available to families upon completion of the Information Survey, including Title One Services.

**Student Meal Prices**

| | Elementary | Middle | High |
|---|---|---|---|
| Lunch | FREE | FREE | FREE |
| Breakfast | FREE | FREE | FREE |
| Milk - ½ Pint | $0.50 | $0.50 | $0.50 |
| Frozen Treats | $0.65 | $0.65 | $0.65 |

**Adult Meal Prices**

| | |
|---|---|
| Breakfast | $1.80 |
| Lunch | $2.75 |
| Milk - ½ Pint | $0.50 |
| Frozen Treats | $0.65 |





Cooper City High School
PARTNERS IN EDUCATION
https://www.browardschools.com/domain/13215

CHUCK PULERI & Associates
HERFF JONES

BTS BROWARD TUTORIAL SERVICES
Specializing in SAT and ACT Prep

Davie Office:
University Office Park
5400 S. University Dr.
Suite 503
Davie, FL 33328
(954) 645-PREP (7737)
Weston Office:
2883 Executive Park Dr.
Suite 104
Weston, FL 33331
(954) 667-6500
www.BrowardTutorialServices.com
Raise Your SAT & ACT Scores with the BEST TUTORS in Broward!

Sassy Sisters Promotions
Let Your Logo Say It All !!
Dee Dee(954)-632-6956
www.sassysisterspromos.com

PROUD SPONSOR OF
Cooper City High School
Shirts R Us
"More Than a Shirt Shop"
For All Your Printing Needs!
shirtsrus.biz
954-533-4695

city rev
CHURCH

Brigitte's
FLOWERS GALORE

## Social Media Use Guidelines

### Do you Think B4U Post?

**What you post today, can affect your tomorrow.**

Did you know students who violate the Code of Student Conduct's online behavior requirements can be suspended or even expelled?

While online:

**DON'T:**

- Use discriminatory, racially offensive or defamatory language.
- Post language or materials with vulgarity, obscenity, images containing nudity or substances/drugs.
- Engage in personal attacks, insults, inciting a disturbance, soliciting favors, threats, harassment or bullying.
- Disclose private or confidential information.
- Be academically dishonest or cheat, which includes using someone else's intellectual property without permission or violating copyright laws.

**DO:**

- Connect in positive ways with others. Reaching out to people you trust is one of the best ways to reduce anxiety, depression, loneliness, and boredom during social distancing. Call, text, IM, or FaceTime to connect with friends and family.
- Protect yourself by protecting your accounts. Don't share your passwords with anyone and password protect your phone so no one can impersonate you. Use privacy settings to control who can view your content and interact with you.
- Ignore online abuse by not reacting, instead block abusers and then report them. Take and save screenshots, print out messages as evidence, and tell a trusted adult immediately to get help.
- Be an activist for respect.
  - Think B4U Post and respond empathetically.
  - Watch for offensive or hurtful behavior and share kind words to isolated, mistreated, or cyberbullied students.
  - Express disagreement and disapproval of cruel acts and words.
  - Applaud positive acts.
  - Know your rights and responsibilities and that YOU have the power to change your world, and the world of those around you for the better.

think B4U POST

## Honor Society News

**Eligibility Requirements**

Students in grades 10–12 who meet the requirements for membership outlined by their school's chapter are eligible to be invited for membership. Per national guidelines, at a minimum, students must have a cumulative GPA of 85, B, 3.0 on a 4.0 scale, or equivalent standard of excellence.

**Networking Opportunities**

Many clubs offer you the chance to meet new people, but an honor society helps you to meet other students with similar goals in academic achievement and may even motivate you to stay focused and work harder throughout high school, college, and beyond.

**CHARACTER • SCHOLARSHIP • LEADERSHIP • SERVICE**

National English Honor Society · Mu Alpha Theta Mathematics Honor Society · National Honor Society · Science NHS · Sociedad Honoraria Hispánica · Rho Kappa National Social Studies Honor Society


Cooper City High School — PARTNERS IN EDUCATION

https://www.browardschools.com/domain/13215

Shirts n Things — Screen Printing & Embroidery — Phone 954.434.7480 — www.shirtsnthings.com

MAthnasium — The Math Learning Center

Huntington Learning Center

X Zone Fitness — David Posnack JCC

Gosser Sports

Optimist Club of Cooper City — Friend of Youth

Partners in Education!

# School News

https://www.browardschools.com/coopercityhigh

## School Counseling Corner

### Counselors

**Ziccardi, Ronald- Guidance Director**
Rosedale Joseph - 9th Grade
Zaevista Arnold- 10th Grade
Cheryl Chartrand- 11th Grade
Dominguez, Beatriz- 12th Grade
Siwek, Christine- BRACE Advisor

### Guidance Secretaries

Mercedes Lopez, Secretary
Jodi Wild, Secretary

### ESE Support Personnel

Raquel Moon- ESE Specialist
Castellanos, Tonia- Speech/Language Pathologist
Jones, Claudia - ESE Support Facilitator, 9th Grade
Dermer, Heidi- ESE Support Facilitator, 10th Grade
Hicks, Nicole- ESE Support Facilitator, 11th Grade
Kitman, Michele - ESE Support Facilitator, 12th Grade

### Family Counselors

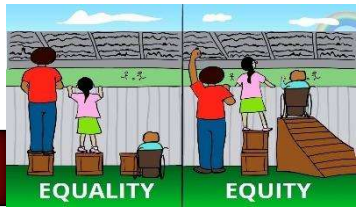
Shantelle Moxie- Family Counselor
Regina Gustave- School Social Worker
Jacqueline Bell- School Psychologist

### Support Personnel

Black, Chiquita- Information Management Specialist
Marimon, Kathryn- Bookkeeper
Megna, Melissa- Student Assessment Specialist
Miele, Alex- Instructional Technology Specialist
Perez, Ivette- Budget-keeper
Rodriguez, Erica- Registrar

### The Guidance Team Welcomes You Back!

We are looking forward to another exciting year. If you have any questions or concerns, please contact your child's counselor. We are always available to help you. Please check our website, Canvas, and Naviance for important Guidance information. Above are the names of our awesome Guidance Team!




## BRACE & College Corner

### College Corner

Message from **BRACE** (Broward Advisors for Continuing Education)

Welcome Class of 2022! As you begin your senior year and the college application process, know that it's a "process" and I'll be here to help you along the way, whether at school, e-mail, phone or virtually. Be sure to check the e-mail address you entered in your *NAVIANCE* account. I will be sending you important e-mails throughout your senior year to keep you in the know on everything associated with the post-secondary process, regardless of what you plan to do after high school. These e-mails will have the info you'll need on how to apply to college, the financial aid process, reminders, scholarship opportunities, etc. Don't miss out and check your e-mails often! If you need assistance, please feel free to e-mail me anytime at: christine.siwek@browardschools.com

Christine Siwek
Cooper City High School
BRACE Advisor

### BRACE Things to Do and Upcoming Events:

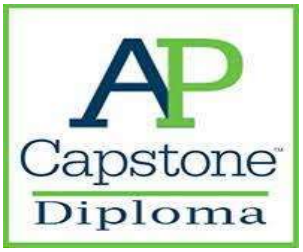
- 12th Grade: Look for upcoming BRACE Senior Visits - Personalization Periods in early September to learn about your options after high school; how to apply to college, send HS transcripts, and pay for college
- Grades 9-12: Via Clever, explore ***Naviance*** and update your email under the "About Me" tab
- 12th Grade: Complete the "Beginning Senior Survey" in ***Naviance***
- 12th Grade: Start your On-line College Applications if you are interested in attending 4-year colleges. Go to college website under "Undergraduate Admissions" and apply as a First Time In College Freshman
- 12th Grade: Consider retaking the SAT or taking the ACT for your post-secondary goals
- 11th Grade: Sign-up the October PSAT when available

### Naviance Student:

This web tool provides the resources you need to make decisions about careers and colleges. It enables us to communicate more effectively by email and allows us to share important guidance & BRACE news and educational updates in a more efficient way with all registered users.

### Advanced Placement

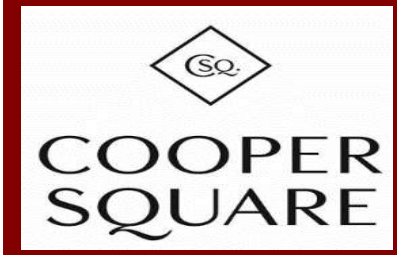
The first 2 weeks of school students will enroll in AP classroom with their AP teacher. Once they enroll in AP classroom, they will be automatically registered for their 2021 AP exam. Students who are taking an AP exam with FLVS or BVS will register for their AP exam online with:
Mrs. Megna, Student Assessment Coordinator.




### AICE Cambridge International

Cambridge International exam scores for 2021 were released in August. Students were emailed their Cambridge International log in information. If you did not receive your log-in information, please contact: Mrs. Megna, Student Assessment Coordinator.

https://www.browardschools.com/domain/13215



## School Advisory Council (SAC)

Cooper City High School welcomes your involvement on our School Advisory Council (SAC). SAC is an essential line of communication between school staff, parents, students, and community liaisons. The SAC serves as a mechanism for participatory management and shared decision-making. The primary goal of SAC is to improve the education for all students. SAC members help establish educational priorities, assess school needs, and identify resources to meet those needs. SAC decisions are instrumental to the educational experience to students at CCHS. We encourage you to commit to attend.

**SAC meets on the last "work" Monday of each month of the school year at 3:45 pm in the CCHS Auditorium:**

August 30, 2021
September 27, 2021
October 25, 2021
November 29, 2021 (Joint SAC/SAF)
December (No Meeting Date)
January 24, 2022
February 28, 2022
March 29, 2022 (Tuesday)
April 25, 2022
May 23, 2022 (Joint SAC/SAF)

## School Advisory Forum (SAF)

School Board policy requires that each school have a School Advisory Forum (SAF) composed of parents, teachers, community members, school administrators, non-instructional support staff, and other stakeholders. The SAF provides an opportunity for stakeholders to discuss and recommend actions on a variety of school issues.
The School Advisory Forum (SAF) shall foster and promote communication between its stakeholders, the school, and the Area Advisory Council. The SAF shall bring forth recommendations, concerns and interests to and from their Area Advisory Council.

**SAF meetings are held right after the monthly SAC meetings:**
Please visit our website, https://www.browardschools.com/coopercityhigh for additional information.

## Cooper City High School PTSA

The PTSA board would like to welcome our CCHS Cowboy Family back for the 2020-21 school year. Although this year may look different, your PTSA is still here working hard to support the needs of our students and faculty. To continue our support, we are asking for your help. By joining the PTSA and purchasing spirit gear from our online store coopercityhsptsa.memberhub.store you will be helping to ensure that we are able to maintain our level of excellence. With the proceeds, we will be able to fund scholarships and projects that come up during the school year. All members will receive a discount card to use at several local businesses.

Do you want to get involved? Our first general meeting will be held on August 26th at 6:00 p.m. Until further notice, all meetings will be held virtually on Zoom. All future meeting dates are listed below and can also be found on the PTSA page on the CCHS website. Volunteers are welcome and greatly appreciated. For up-to-date information, please follow our page at Cooper City High School PTSA on Facebook.

Thank you in advance for your support, it is greatly appreciated. By working together, we can make CCHS the best. We hope that you and your family stay safe and healthy. Go COWBOYS!!!

**Meeting dates:** All meetings will be held in person in the Media Center on the 2nd Tuesday of each month and begin promptly at 6:00 p.m.

August 24, 2021
September 14, 2021
October 12, 2021
November 9, 2021
December 14, 2021
January 11, 2022
February 8, 2022
March 8, 2022
April 12, 2022
May 10, 2022

## Health & Wellness/ Mindfulness Corner

**BUILDING RESILIENCY·CULTIVATING WELL-BEING**

Mindfulness is the intentional practice of attention in the present moment to become aware of one's thoughts, emotions, bodily feelings, and the surrounding environment. Mindfulness promotes well-being, resiliency, agency, and the enhancement of performance. **Connect at** https://browardschools.instructure.com/courses/868545 and https://www.browardschools.com/Page/33655

### Mindfulness

Life can become stressful sometimes and with the right tools we can cope better in those challenging situations. One very powerful tool to handle stress is mindfulness.

### What is mindfulness?

- It is about being fully present in the moment, without judging, and having a kind and curious attitude.
- It is about focusing on breathing and observing what is happening at this moment in time, accepting what you are experiencing (whatever that may be), and then letting it go.
- You can be mindful anytime, anywhere, no matter what you are doing.
- It takes practice.

### Try it!

*Deep breathing.* Sit or lie down comfortably. Rest your hands on your stomach. Slowly count to four while inhaling through your nose. Feel your stomach rise. Hold your breath for a second. Slowly count to four while you exhale, preferably through pursed lips to control the breath. Your stomach will fall slowly. Repeat a few times.

*Mindfulness Meditation.* Focus on your breath. Notice anything that passes through your awareness without judgment. If your mind starts to tackle your to-do list, just return to focusing on your breath.

### Apps and Websites for Mindfulness

Breathr: Dr. Vo helped to develop this mindfulness app for youth with the Kelty Mental Health Resource Centre (British Columbia, Canada). Free for Apple and Android mobile devices! https://keltymentalhealth.ca/breathr

Stop, Breathe, and Think: Web and mobile app for youth, with meditations for mindfulness and compassion. https://my.life/

Calm.com: Free website and mobile app with guided meditation and relaxation exercises. https://www.calm.com/

Insight Timer: Free mobile app with virtual "bells" to time and support your meditations, and access to lots of guided meditations by many different meditation teachers (including Dr. Vo). https://insighttimer.com/

Smiling Mind: Free mobile mindfulness app for young people, from Australia. https://www.smilingmind.com.au/

Headspace: "Meditation made simple." This app has a free introductory period, after which it requires a paid subscription to continue to use. https://www.headspace.com/

### Taking Care of your Mind and Body

There are no doubts we are going through some unprecedented times and therefore it is important to take care of yourself. Here are some tips that can help you:

- Exercise every day. Go outside for a walk, run or bike ride. You can either do this by yourself or with your family.
- Follow a schedule and have a routine.
- Have a balanced and healthy diet that includes water, fruits, and vegetables.
- Take time every day to do things you love. You can watch TV, read, exercise, talk to friends or whatever makes you happy
- Find ways to relax. Things like listening to music, talking to a friend, drawing, writing, or spending time with a pet can reduce stress.
- Reach out to others if you are feeling down. It is important to talk about what is going on. Stay connected!
- Get plenty of sleep!

### How to Get Organized

It is a new school year and learning to be organized can help you get things done and lower your stress level. These skills will give you an advantage not only in school but in your life. The more you practice, the better you will get at them.

### How to get organized

**Organize your things.** When your things are organized, it is so much easier to find them and avoid wasting time to find what you need. It is a huge time saver.

- Create folders, binders, or notebooks for each subject. You can also use electronic folders to keep assignments organized.
- Also, get rid of things you no longer need.

**Organize Your Space.** Find a place where you can work that is quiet and allows you to have room to spread things around. It can be a desk or a table. The place you choose should allow you to focus on what you must do.

**Organize Your Time.** You can use a planner, app or digital calendar to keep track of your schoolwork:

- Write down all your assignments and their due dates.
- Break down long projects into smaller steps. Write down when each part needs to be turned in and follow those dates.
- Write down the dates for tests/quizzes/ assessments and make sure you have plenty of time to study. Do not procrastinate and study a little every day.
- Make sure to include all your other activities into your calendar so you do not have conflicts. This can also help you to look ahead into all the things you have to do and will allow you to manage your time better.

### How to Get Focused

**Avoid Distractions.** Is it harder to focus and to do well on assignments or tests when you are multitasking?

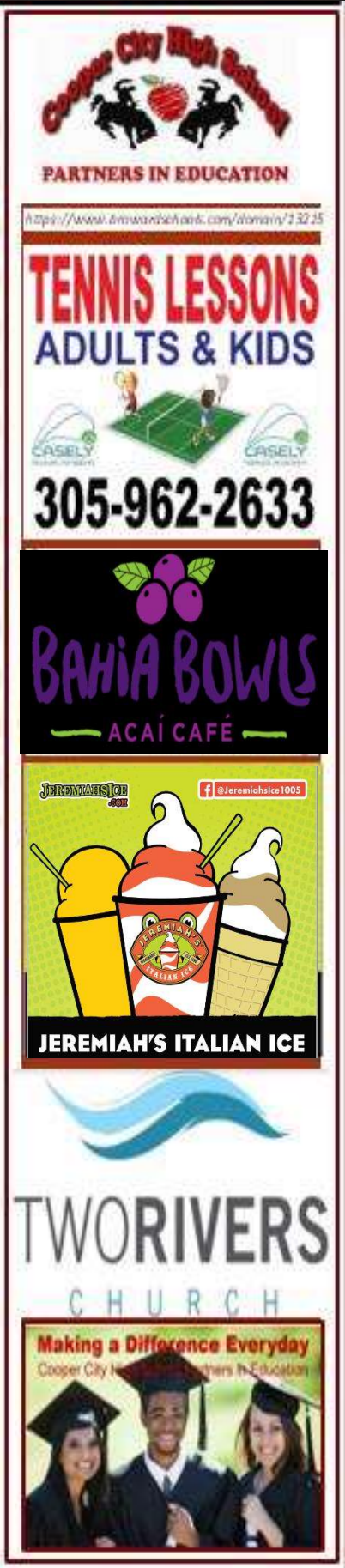
- When you are working, put your devices away.
- Pay attention to what works for you to help you focus. Some people need a quiet environment and some focus better when they listen to quiet music while studying.

**Take Breaks.** Your brain needs to rest when you are working hard, so take frequent breaks to maintain focus.

- It is important to get up from your work area, move, stretch, or walk around to get your body in motion and clear your head.

**Refocus Yourself.** If you notice that your mind is wandering, pull your attention back into study mode as soon as possible.

- Remind yourself that now it is time to stay on task.

## Advanced Placement (AP) Exam Dates

| Week 1 | Morning 8 a.m. Local Time | Afternoon 12 noon Local Time |
|---|---|---|
| Monday, May 2, 2022 | Japanese Language and Culture<br>United States Government and Politics | Chemistry<br>Spanish Literature and Culture |
| Tuesday, May 3, 2022 | Environmental Science | Psychology |
| Wednesday, May 4, 2022 | English Literature and Composition | Comparative Government and Politics<br>Computer Science A |
| Thursday, May 5, 2022 | Human Geography<br>Macroeconomics | Seminar<br>Statistics |
| Friday, May 6, 2022 | European History<br>United States History | Art History<br>Microeconomics |

**Art and Design:** Friday, May 6, 2022, is the last day for AP coordinators to submit digital AP 2-D Art and Design, 3-D Art and Design, and Drawing portfolios (by 8 p.m. ET) and to gather 2-D Art and Design and Drawing students for physical portfolio assembly. Teachers should forward completed digital Art and Design portfolios to coordinators **before** this date.

| Week 2 | Morning 8 a.m. Local Time | Afternoon 12 noon Local Time | Afternoon 2 p.m. Local Time |
|---|---|---|---|
| Monday, May 9, 2022 | Calculus AB<br>Calculus BC | Computer Science Principles<br>Italian Language and Culture | |
| Tuesday, May 10, 2022 | English Language and Composition | Physics C: Mechanics | Physics C: Electricity and Magnetism |
| Wednesday, May 11, 2022 | Chinese Language and Culture<br>Spanish Language and Culture | Biology | |
| Thursday, May 12, 2022 | French Language and Culture<br>World History: Modern | Physics 1: Algebra-Based | |
| Friday, May 13, 2022 | German Language and Culture<br>Music Theory | Latin<br>Physics 2: Algebra Based | |

**Visit our Cooper City High School's Advanced Academics page for additional information:**
https://www.browardschools.com/Page/46622

CollegeBoard Advanced Placement Program

AP CollegeBoard Advanced Placement Program

## 2021-2022 AP Course Offering

**Language Arts/ Language Arts Electives**
- AP English Language **(#1001420)**
- AP English Literature **(#1001430)**
- AP Capstone (Seminar) **(#1700500)**
- AP Capstone (Research) **(#1700510)**

**Social Studies/ Social Studies Electives**
- AP Human Geography **(#2103400)**
- AP World History **(#2109420)**
- AP US History **(#2100330)**
- AP Government **(#2106420)**
- AP Psychology **(#2107350)**

**Mathematics**
- AP Calculus AB **(#1202310)**
- AP Calculus BC **(#1202320)**
- AP Statistics **(#1210320)**

**Science**
- AP Biology **(#2000340)**
- AP Chemistry **(#2003370)**
- AP Physics 1 **(#2003421)**

**STEM/ Computer Science**
- AP Computer Principles **(#02003350)**
- AP Computer Science A **(#02003200)**

**World Languages**
- AP Spanish Language **(#0708400)**
- AP Spanish Literature **(#0708410)**

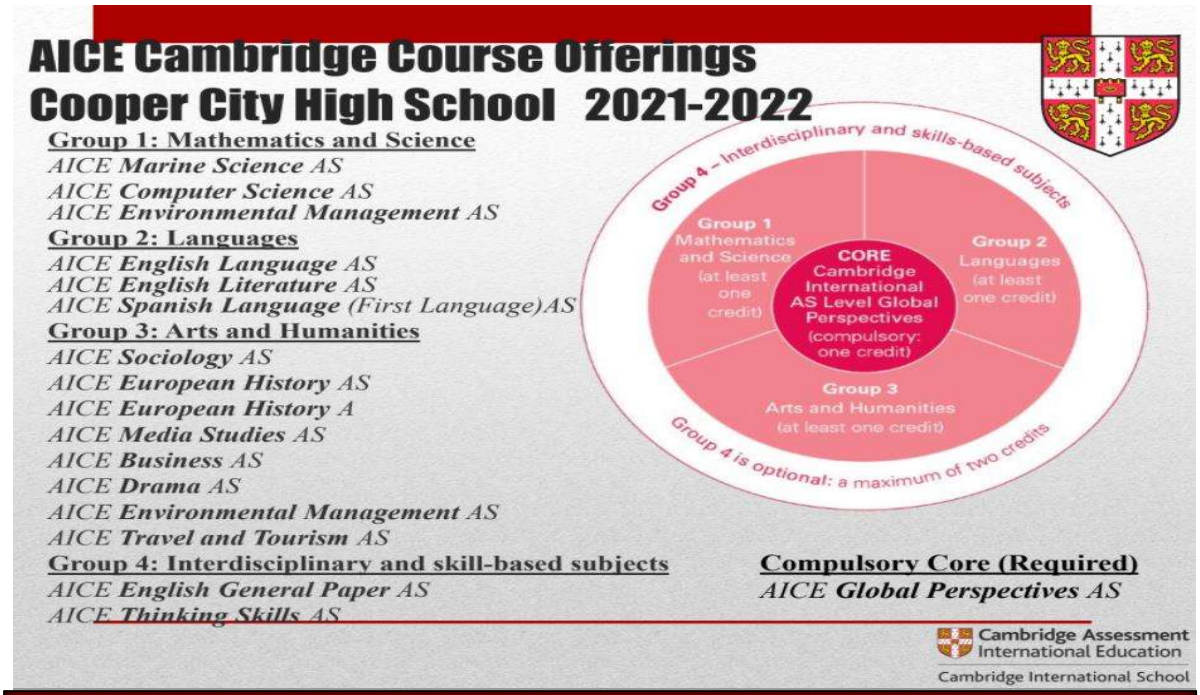
**Art/ Music**
- AP Art/ 2D Design **(#0109350)**
- AP Art/ Drawing **(#0104300)**

## •AP Scoring

| AP Exam Score | Recommendation | College Course Grade Equivalent |
|---|---|---|
| 5 | Extremely Well Qualified | A+ or A |
| 4 | Well Qualified | A-,B+, or B |
| 3 | Qualified | B-, C+, or C |
| 2 | Possibly Qualified | ------ |
| 1 | No Recommendation | ------ |

## AICE Cambridge Paper Exam Dates

Exam dates for the Cambridge Program will be announced later this year when they are made available.




## ACT & SAT Testing 2021-2022

### Upcoming ACT Dates, Deadlines, and Score Release Dates

| ACT Test Date | Registration Deadline | Score Release Date |
|---|---|---|
| July 17, 2021 | June 18th | July 27th |
| September 11, 2021 | Aug. 6th | Sept. 21st* |
| October 23, 2021 | Sept. 17th | Nov. 2nd* |
| December 11, 2021 | Nov. 5th | Dec. 21st* |
| February 12, 2022 | Jan. 7th | Feb. 22nd* |
| April 2, 2022 | Feb. 25th | Apr. 12th* |
| June 11, 2022 | May 6th | June 21st* |

### Upcoming SAT Dates, Deadlines, and Score Release Dates

| SAT Test Date | Registration Deadline | Score Release Date |
|---|---|---|
| August 28, 2021 | July 30th | Sept. 10th |
| October 2, 2021 | Sept. 3rd | Oct. 15th |
| November 6, 2021 | Oct. 8th | Nov. 19th |
| December 4, 2021 | Nov. 4th | Dec. 17th |
| March 12, 2022 | Feb. 11th | Mar. 25th |
| May 7, 2022 | Apr. 8th | May 20th |
| June 4, 2022 | May 5th | July 13th |

ACT

SAT

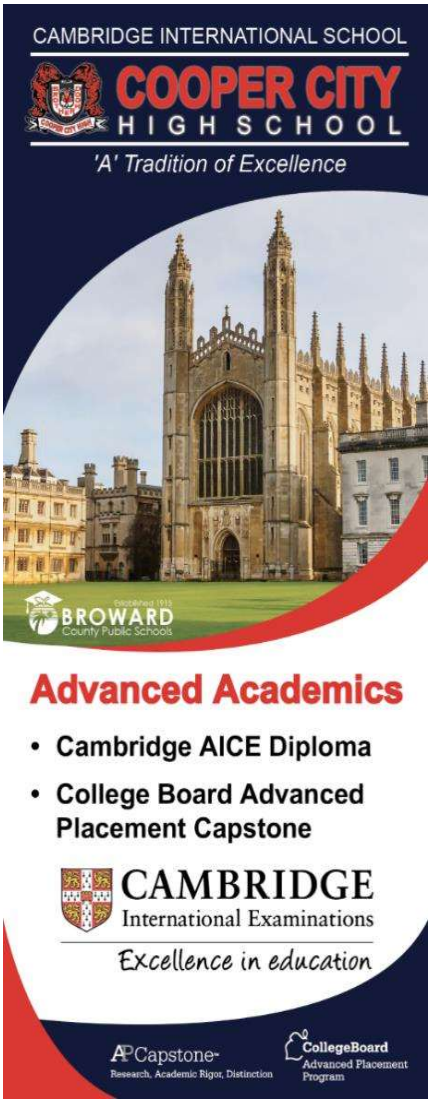
**College Board + Khan Academy**

College Board and Khan Academy have partnered together to help students better prepare for the SAT. This website provides interactive practice, practice tests, short quizz and interactive feedback: https://www.khanacademy.org/sat

Free ACT preparation materials can be found at: http://www.act.org/content/act/en/products-and-services/the-act/test-preparation.html

Khan Academy

**Visit our Cooper City High School's Advanced Academics page for additional information:**
https://www.browardschools.com/

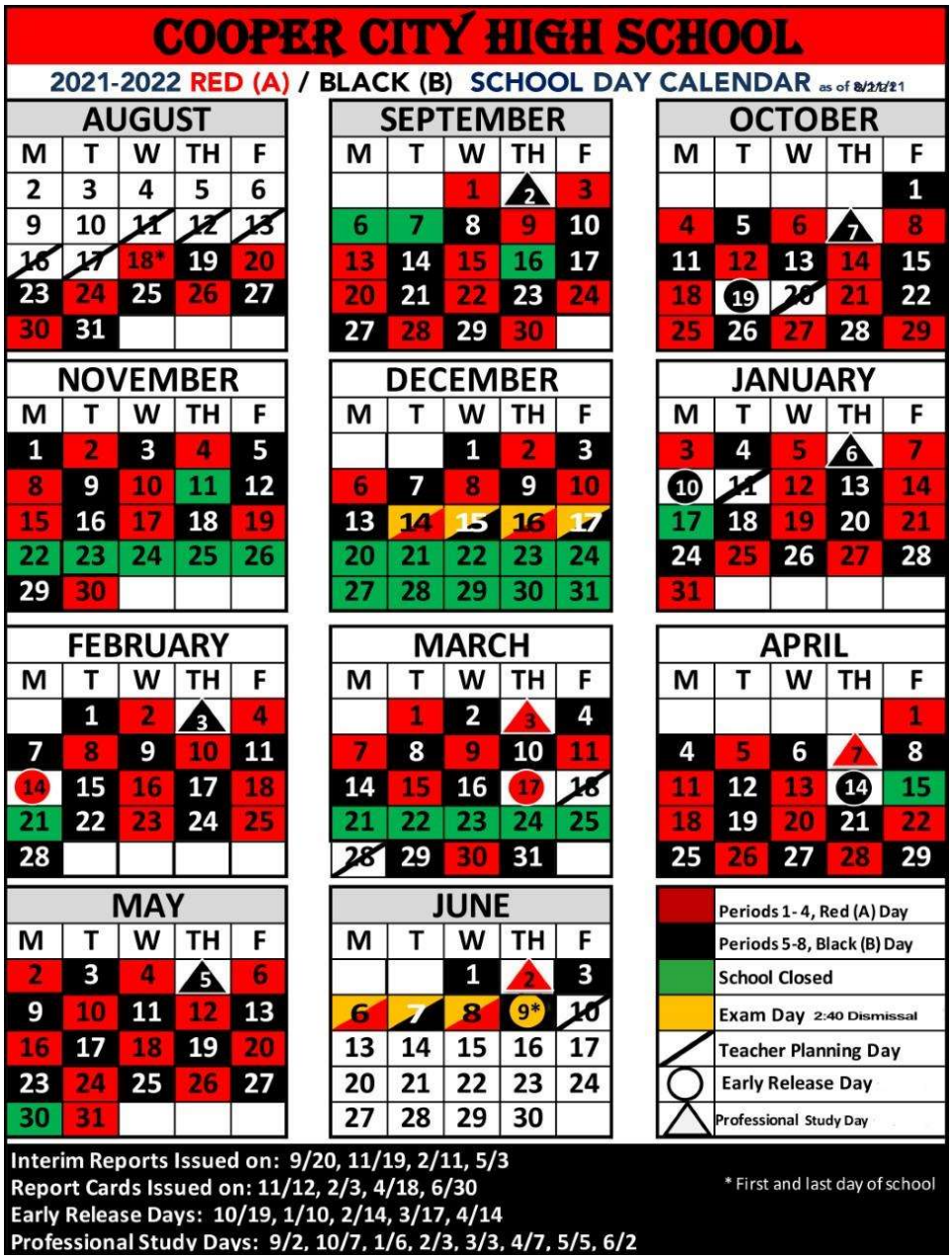


# Cooper City High Testing Schedule 2021-2022

## Florida Statewide Assessments 2021-2022

| Other Statewide Assessments | |
|---|---|
| **Dates** | **Assessment** |
| July 12–October 15, 2021 | Florida Kindergarten Readiness Screener (FLKRS)<br>(Administered within the first 30 instructional days of the school year) |
| August 2021–June 2022 | Florida Assessments for Instruction in Reading (FAIR)<br>(optional: Grades 3–12) |
| September 27–October 15, 2021 | **Florida Standards Alternate Assessment (FSAA)—Performance Task**<br>Grade 10 ELA Makeup<br>Algebra 1 Makeup |
| September–December 2021 | Preliminary ACT (PreACT) |
| October 13, 2021 | Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT) |
| Tentative Dates:<br>October 25–December 17, 2021<br>April 11–May 27, 2022 | Florida Civic Literacy Exam |
| January–May 2022 | National Assessment of Educational Progress (NAEP)<br>Grade 8 Civics<br>Grade 8 U.S. History<br>Age 17 Long-term Trend |
| January 24–March 18, 2022 | ACCESS for ELLs<br>Alternate ACCESS for ELLs |
| February 28–April 15, 2022 | **FSAA—Performance Task**<br>Grades 3–8 ELA & Mathematics<br>Grades 4–8 Writing<br>Grades 5 & 8 Science<br>End-of-Course Assessment (Civics) |
| March 14–April 29, 2022 | **FSAA—Performance Task**<br>Grades 9 & 10 ELA<br>Grades 9 & 10 Writing<br>End-of-Course Assessments (Algebra 1, Biology 1, Geometry & U.S. History) |
| Data Collection Periods:<br>September–October 2021<br>November–December 2021<br>March–April 2022 | **FSAA—Datafolio**<br>Grades 3–10 ELA (Reading & Writing)<br>Grades 3–8 Mathematics<br>Grades 5 & 8 Science<br>End-of-Course Assessments (Algebra 1, Biology 1, Civics, Geometry & U.S. History) |
| March 1, March 29, or April 19, 2022 | ACT* |
| March 2 or April 13, 2022 | SAT* |
| May 2022 | Advanced Placement (AP) Exams |

## Cooper City High 2021-2022 Red-Black Calendar




attendance MATTERS

**Report an Absence:**
[https://www.browardschools.com/domain/16050](https://www.browardschools.com/domain/16050)

Our school values attendance as one of the key ingredients to student learning and achievement. Absenteeism excused or unexcused, regardless of the reason, will undoubtedly have a negative impact on your child's ability to perform at his/her best.

Per state law and district policy, students who accumulate more than 10 absences per semester, will be required to pass the semester exam to receive credit for the course (Please refer to *Policy 6000.1 Pupil Progression Plan* for any updates to this policy). Also, a student between the ages of 14 and 18 who accumulates 15 unexcused absences in a period of 90 calendar days will have his/her driver's license suspended by the Department of Highway Safety and Motor Vehicles.

**IMPORTANT:** Please visit the school's website for the *new* process for reporting absences.

24/7 365 DAYS ATTENDANCE COUNTS! ALL DAY, EVERY DAY. ATTENDANCE CLERKS

We are excited to open school with our normal school operations and face-to face instruction! We are committed to ensuring that our students still feel safe, connected, and motivated to excel both academically and socially!

Students are expected to follow the bell schedule considering that the first few days of school may require students to adjust their routes to ensure that they **make it to class on time**. Please note that there is a slight change in contact time, though our start time (7:40 am) and end time (2:40 pm) will remain the same. As always, faculty and staff will be assisting students to help them to find their way. We know that our return to campus will reveal that we are #BetterTogether, #StrongerThanEver, #TeamCooper, #CooperStrong!

Please visit our school's website for more information on the posted Bell Schedules.

COOPER CITY HIGH SCHOOL IS NO place for HATE

An ADL Education Program

2019-2020 ADL

ADL FLORIDA

https://florida.adl.org/education/npfh/

COOPER CITY HIGH SCHOOL
School-Wide Expectations

1. Be Responsible
2. Be Accountable
3. Display Self-Control

Cowboy Pride!

Behavior Support

## Safety and Security is Paramount

The safety and security of our students, staff and schools remain the highest priorities for Broward County Public Schools (BCPS) and of course Cooper City High School (CCHS). With this in mind, we encourage everyone to ***'say something if you see something'*** because the safety of our schools is the collective responsibility of the entire community. Everyone is encouraged and expected to report suspicious or dangerous behavior, as well as any threats to our school. Reports can be made to any staff members, however, preferably to one of the school's administrators or security staff members. Reports can also be made anonymously through the **FortifyFL**, **Saferwatch** applications; Call the Broward County tip line at 754-321-0911; Text: 'SBBC' space with your text message to 274637 (CRIMES); Email: school911@browardschools.com or submit a tip at https://www.browardschools.com/Anonymous-Tips

As a part of our safety procedures for the 2021-2022 school year, we have and will continue to conduct our monthly drills, in coordination with local BSO and fire rescue departments to better prepare in the event of a true emergency and in accordance with State Mandate.

## Important Safety and Security Message from Superintendent Dr. Vickie L. Cartwright

Good afternoon Broward County Public Schools parents, guardians, and staff,

Please take a moment to watch this important safety and security message from Interim Superintendent Dr. Vickie L. Cartwright. In it, Dr. Cartwright reminds students and families that when it comes to safety, there is no joking around.

Threats of any kind against BCPS schools, offices and staff will result in immediate action by local law enforcement and be prosecuted to the fullest extent of the law. These include threats made in any medium including texts, phone calls, social media, and email communications.

Please share the video with your children as a reminder that every statement or threat of violence is taken seriously and will have significant consequences for the student(s) who makes them. Watch the Interim Superintendent's video message here.

### Consequences of making Threats to Schools, Students

Judge Tuter and Judge Williams explain consequences of making threats against schools, students, and employees.
Watch this important video about the consequences of making threats against schools, students, and staff.